The Rhythm of Security
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Bending your mind one prose at a time

Using Plain and Direct Concepts to deliver an idea that is difficult to process to a room full of extremely intelligent people is the most valued skill in Cybersecurity

Heavy Metal and Security balance

THINGS THAT MAKE HEAVY METAL WORK

1. Tone & Melody

2. Tempo & Meter

3. Lyrics

4. Bassline

THINGS THAT MAKE SECURITY WORK

1. WHY – The reason we are doing this

2. HOW – The speed at which this will happen

3. WHAT – The value we deliver together

4. Execution

AI Defines Rhythm as:

A regular, repeated pattern of movement or sound. In music, it refers to the arrangement of sounds and silences in time, often characterized by a beat, tempo, and meter.

More broadly, rhythm can describe any pattern of recurring elements, such as in speech, dance, or even natural cycles like the seasons.
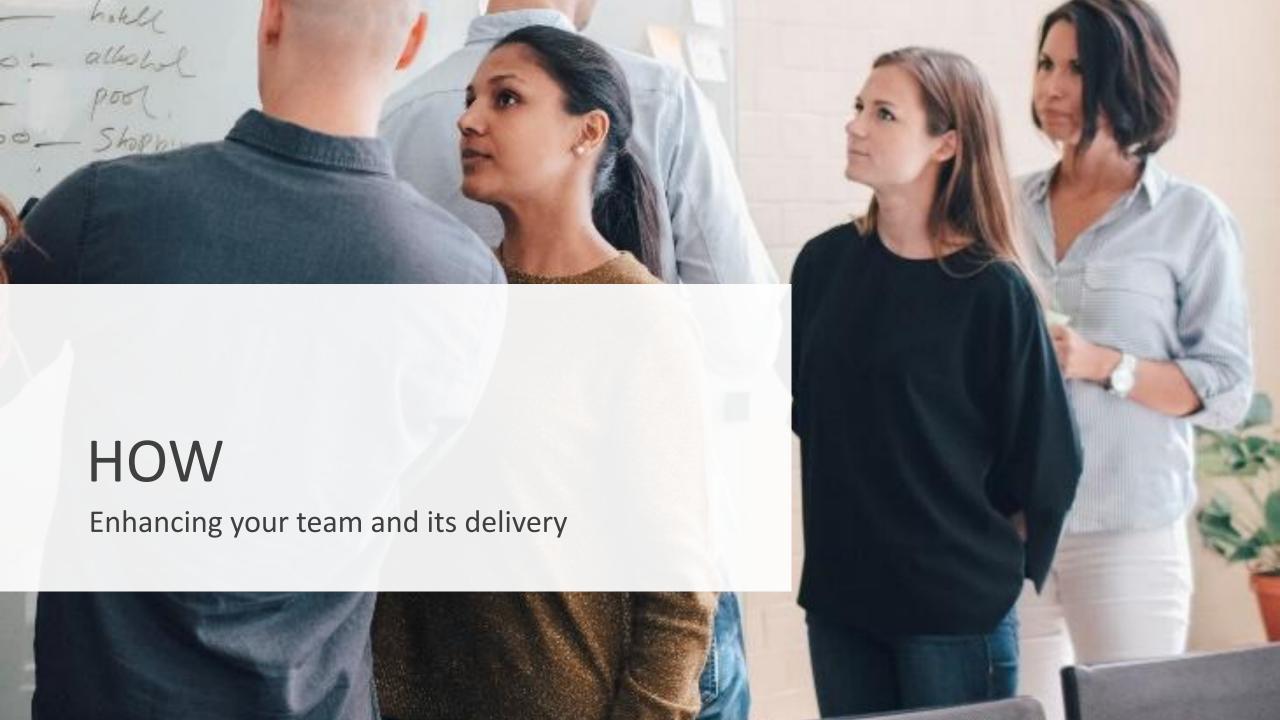
WHY

Delivering Melody and Tone that is pleasing and memorable

The Effectuation of WHY

Every team is the reflection of its strongest leader

- Presence of Mind

- Cool Calm Collected

- Unified Message!

Silo Busting through consistency

- Centerline defense

  - Resilience

  - Creativity

- Governance Models!

HOW

Enhancing your team and its delivery

Building a better program through your team

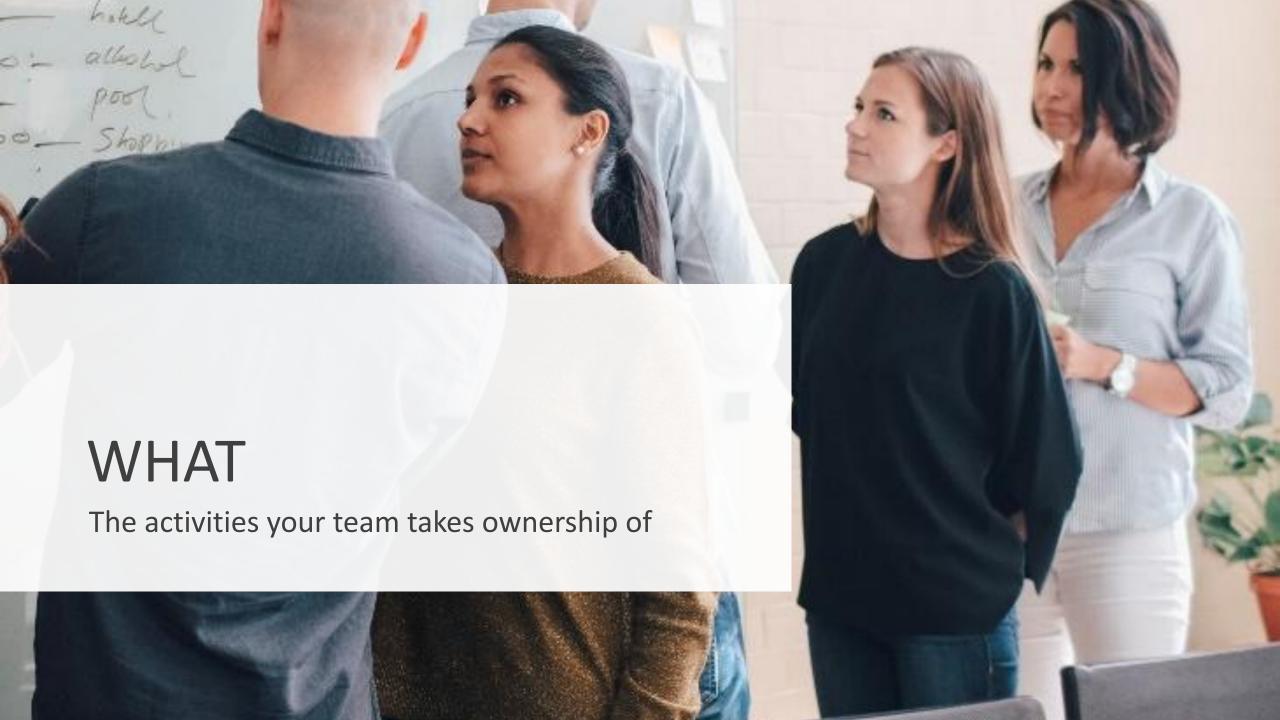Balance is what gives continuance to your execution model.

Engineers are highly specialized and like Artists, always perfecting their craft.

Stay in tempo with your team, set the meter and let them play out.

When your team is out of balance it can become noise, which is just a Cost Center to the business.

Delivering a consistent message through your team delivers unified success.

The team should sound like back up vocals, not contending lyrics

WHAT

The activities your team takes ownership of

The WHAT will not change, your team will always be the primary bottom line of success

The "little things" that the team does from day to day.

SOC, DevSecOps, Threat Hunter, Vulnerability Management, Audit

This is often is hidden within the words we use everyday.

The activity that we need to conduct can change over time, without assessing this need we can miss our mark on what the business needs from us.

Security people get caught up in who they work for, not what they do.

Growing your team is developing the WHAT for each member.

Bringing it all together

When this is out of balance, your Security Program becomes noise, which is a cost center!

Business is **growth**, it is **change**!

Rhythm	Why, How, What	GRCS	Usage
Tone & Melody	Why	Governance	Measure
Tempo & Meter	How	Compliance	Speed
Lyrics	What	Security	Activity
Baseline	Execution	Risk	Fit

Thank you

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